

Δημοσιευμένες μελέτες για τα συστατικά του Anagent

Beta-hydroxy-beta-methyl butyrate (HMB)

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HMB + Arginine + Glutamine

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Ellis et al. Oral Supplementation with Beta-hydroxy-beta-methylbutyrate, Arginine, and Glutamine Improves Lean Body Mass in Healthy Older Adults *Journal of Dietary Supplements* (2019) 16(3): 281–293 DOI: 10.1080/19390211.2018.1454568

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